

Harvest Lunch Menu

DAYS 1 - 7

DAY 1

CHICKEN SALAD WRAP. HOMEMADE SAUSAGE ROLL. PIECE OF FRUIT. PACKET OF CHIPS. SWEET SLICE.

DAY 2

BEEF, LETTUCE, TOMATO, CARAMELISED ONION BAGUETTE. RASPBERRY BUN. PIECE OF FRUIT, POPCORN. MUESLI BAR.

DAY 3

HAM AND SEEDED MUSTARD ROLL. CHEESE SCONE WITH BUTTER. PIECE OF FRUIT, PACKET OF NUTS. SWEET DANISH.

DAY 4

BACON AND EGG SANDWICH WITH TOMATO RELISH. SPRING ROLL. PIECE OF FRUIT. PACKET OF CHIPS. MUESLI BAR.

DAY 5

ROAST BEEF AND COLESLAW BUN. HAM AND CHEESE PIZZA. PIECE OF FRUIT. POPCORN. SWEET SLICE.

DAY 6

BUTTERMILK FRIED CHICKEN AND SWEET CHILLI ROLL. SWEET PASTRY. PIECE OF FRUIT. PACKET OF CHIPS. MUESLI BAR.

DAY 7

HAM AND SALAD BUN. MINCE AND CHEESE PIE. PIECE OF FRUIT. CARROT CAKE. PACKET OF CHIPS.



Harvest Lunch Menu

DAYS 8 - 14

DAY 8

ROAST PORK AND SALAD SANDWICH ON WHOLEGRAIN BREAD. SAVOURY MUFFIN. PIECE OF FRUIT. PACKET OF NUTS. POPCORN.

DAY 9

BEEF AND SALAD WRAP. HOMEMADE SAUSAGE ROLL. PIECE OF FRUIT. MUESLI BAR. SWEET SLICE.

DAY 10

CHICKEN BRIE, CRANBERRY BAP. FALAFEL BITES WITH DIPPING SAUCE. PIECE OF FRUIT. PACKET OF CHIPS. PASTRY.

DAY 11

BEEF BRISKET AND BBQ SAUCE ROLL. SWEET SLICE. PIECE OF FRUIT. POPCORN. MUESLI BAR.

DAY 12

PULLED PORK AND SLAW BUN. BACON AND EGG PIE. PIECE OF FRUIT. CHOCOLATE CAKE.

DAY 13

SMOKED CHICKEN, SPINACH, CARAMELISED ONION AND CHUTNEY ROLL. GLAZED ALMOND CROISSANT. PIECE OF FRUIT. HASHBROWN STICKS. SWEET SLICE.

DAY 14

BLT. SAVOURY PIE. PIECE OF FRUIT. PACKET OF NUTS. BANANA CAKE.



Harvest Dinner Menu

DAYS 1 - 7

DAY 1

LAMB SHANK, MASH POTATO, GREEN BEANS WITH GRAVY.

DAY 2

HAM OFF THE BONE, BUTTERED BABY POTATOES AND SALAD.

DAY 3

COMBINATION RICE. CHICKEN, BEEF AND PORK WITH VEGETABLES IN RICE WITH HONEY SOY SAUCE. SIDE OF SPRING ROLLS.

DAY 4

ROAST PORK, ROOT VEGETABLES AND CORN ON THE COB. GRAVY AND GARLIC BREAD.

DAY 5

SPAGHETTI BOLOGNESE. SIDE CAESAR SALAD AND DINNER BUN.

DAY 6

CHICKEN PARMIGIANA WITH WEDGES AND COLESLAW.

DAY 7

CHICKEN CURRY WITH RICE AND FLAT BREAD.

Harvest Dinner Menu

DAYS 7-14

DAY 8

BEEF CASSEROLE WITH MASH POTATO AND GARLIC ROLL.

DAY 9

DOUBLE PATTIE BEEF BURGER. LETTUCE, TOMATO, BACON AND CHEESE. SIDE OF WEDGES.

DAY 10

CHICKEN BREAST WITH MUSHROOM SAUCE, POTATO AND HERB ROSTI AND A SIDE OF VEG.

DAY 11

CHILLI CON CARNE, RICE, TOPPED WITH CHEESE. SIDE OF CORN CHIPS.

DAY 12

ROAST CHICKEN, MASH POTATO, GRAVY AND GREENS IN GARLIC BUTTER.

DAY 13

BBQ PULLED PORK, CREAMY POTATO SALAD AND CRUNCHY COLESLAW.

DAY 14

BEEF LASAGNA WITH GREEN SALAD AND A DINNER BUN.

Harvest Vegetarian Menu

DAYS 1 - 7

DAY 1

MUSHROOMS, BEANS, SPINACH, RICE AND CHEESE BURRITO. WITH SOUR CREAM AND TOMATO SALSA. SIDE OF GREEN SALAD.

DAY 2

PUMPKIN QUINOA PATTIE WITH LOADED WEDGES AND STEAMED VEGETABLES.

DAY 3

VEGETABLE COCONUT CURRY, RICE AND FLAT BREAD.

DAY 4

PLANT-BASED TENDERS, ROAST VEGGIE SALAD WITH PUMPKIN SEEDS, FETA CHEESE, AND BALSAMIC GLAZE.

DAY 5

VEGGIE CASSEROLE WITH MASH POTATO AND DINNER BUN.

DAY 6

FALAFEL BITES, POTATO GRATIN AND COUS COUS SALAD.

DAY 7

ROAST VEGGIE LASAGNA. SIDE CAESAR SALAD. GARLIC BREAD.

Harvest Vegetarian Menu

DAYS 8 - 14

DAY 8

VEGGIE CHILLI WITH RICE. SIDE OF CORN CHIPS

DAY 9

CORN PATTIE BURGER, LETTUCE, TOMATO, CHEESE, AND CHUTNEY, SERVED WITH WEDGES.

DAY 10

FRITTATA WITH HALLOUMI AND A SIDE OF CRUNCHY SLAW.

DAY 11

COMBINATION FRIED RICE. PLANT-BASED CHICKEN, VEGGIES, HONEY SOY SAUCE. SIDE OF SPRING ROLLS.

DAY 12

CARAMELIZED ONION, SPINACH AND FETA QUICHE. PASTA SALAD.

DAY 13

BLACK BEAN PATTIE WITH MUSHROOM RISOTTO.

DAY 14

PLANT-BASED MINCE BOLOGNESE ON SPAGHETTI. WITH GARLIC BREAD.



Harvest

Morning & Afternoon Tea

- BACON AND EGG PIES
- ROAST VEG AND PESTO FRITTATAS
- HAM CHEESE CROISSANTS
- SAVOURY SCONES WITH BUTTER
- SAUSAGE ROLLS
- MUFFINS, SWEET OR SAVOURIES
- CHICKEN, CHEESE, TOMATO TOASTIES
- BANANA BREAD SLICES
- LEMON BARS
- BACON AND EGG MC MUFFINS
- LOADED BREAKFAST WRAPS
- HASHBROWN STACKS WITH BACON AND RELISH
- CLUB SANDWICHES
- BROWNIE
- CARROT CAKE
- MOUSETRAPS
- CHICKEN BRIE CRANBERRY PANINI
- WHOLEMEAL PIZZA SLAB
- DOUGHNUTS
- FRUIT CUPS
- ASSORTED QUICHE
- ASSORTED SAVOURIES
- CHIA AND FRUIT CUPS
- RICE PUDDINGS
- PUMPKIN AND COCONUT SOUP
- HAM, CHEESE, SPINACH BAPS
- FALAFEL WITH DIPPING SAUCES
- ASSORTED PIES: BUTTER CHICKEN/ MINCE AND CHEESE
- BLT BAGELS
- ASSORTED SALADS: PASTA, ORZO, CAESAR, ROAST VEGETABLE, ETC